

General safety advice on how to enter and leave the cab of Large Goods Vehicles

Ensure appropriate footwear is used during LGV/PCV test duties

Wet surfaces increase the risk of slipping when entering and leaving LGV's

The condition of steps need noting before attempting to ascend into the cab



Entering the cab

- Before entering the cab open the nearside passenger door and enquire if the candidate is satisfied that the cab-locking mechanism is secure



- Place the examiners wallet in the vehicle, usually on the passenger seat or on the floor of the cab so that both hands are free to use the grab rails on either side of the door frame aperture



- Face the door aperture and firmly hold the grab rails with both hands



- Look to ensure that each foot is correctly located on the appropriate step as you ascend into the cab



Leaving the cab

- Check the nearside mirror well before opening the passenger door



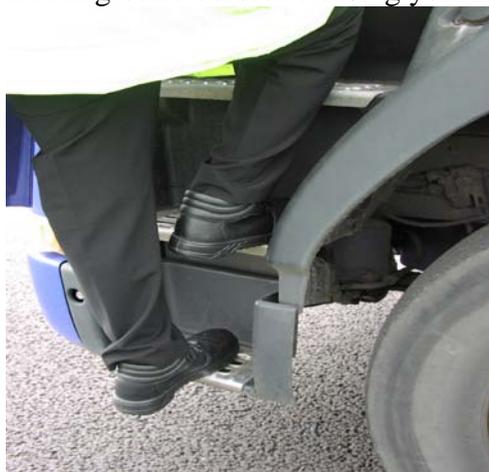
- Open the passenger door fully
- Observe the condition of the ground surface
- Stand up and place your examiners wallet on the passenger seat so that both hands are then free to use the grab rails on either side of the door aperture
- Firmly hold of the grab rail at the front of the cab with your left hand
- Turn and present your rear through the door aperture and take hold of the other grab rail firmly with your right hand



- Carefully locate the top step with an appropriate foot



- Lower yourself using all available steps to aid your safe decent
- Ensure you are safely on firm ground before releasing your hold on the grab rail



- Remove your examiners wallet from the cab
- Close the passenger door

